



## **Neuromodulator Treatment Information**

### **Botox, Dysport, Xeomin**

Neuromodulators work to relax muscles that cause wrinkles from dynamic movements. You will see a reduction in the appearance of wrinkles, laugh lines, frown lines, and crows feet with just one treatment. Injectable neuromodulators safely relax wrinkles to achieve a more youthful and rested appearance. They can also be used to reduce excess sweating by treating overactive sweat glands on the hands, feet, and underarm areas.

#### **How should I prepare for the treatment?**

- Please notify your physician if you have a history of myasthenia gravis, multiple sclerosis, autoimmune disease, are breast feeding, currently pregnant, or trying to become pregnant.
- Notify your doctor if you have a history of cold sores. The doctor will pre-treat you with a medication called valacyclovir to prevent any outbreaks.
- It is preferred that you arrive for your appointment clean-faced without makeup, moisturizer, or lotions.
- Bruising risks are increased with the regular use of aspirin, alcohol, blood thinners and some alternative medicine supplements (Ginkgo, Garlic, Ginseng). Please speak with your doctor before stopping any blood thinner medications.

#### **What should I expect during treatment?**

After cleaning the desired treatment areas and taking photographs to document your baseline, the neuromodulator is gently injected in tiny amounts with a very fine needle. There may be some tenderness and swelling at the sites of injection. Most patients treated with neuromodulators experience a correction lasting 3-4 months. For hyperhidrosis, the benefits typically last 6-9 months. Patients should expect to wait at least 7-10 days to see the full effects of their neuromodulator treatment.

#### **What will I look like after treatment?**

- Immediately after the treatment, your skin may feel sensitive with slight swelling. This normally resolves within 24 hours, but has been reported to last as long as 72 hours. Makeup can be applied immediately after to cover any minor bruising or redness that may occur.
- If you have treatment around your eyes, you may experience micro-bruising lasting for up to ten days.
- Do not take any anti-inflammatory medications such as: Ibuprofen, Motrin, and Advil. These agents may lead to excess bruising and bleeding.

#### **How should I take care of my skin?**

- Immediately After Treatment: Application of ice intermittently for a short period of time after the treatment will reduce swelling. Most patients resume normal activities a few hours following treatment. Please do not lie down for four hours and limit physical activity for 24 hours. Do not massage the treated areas.
- Abnormal Healing: If you notice any pimples, blisters, cuts, bruises, crusting/scabs, areas of raw skin, ulcerations, active bleeding, increased discomfort or pain, eyebrow/eyelid drop, double vision, or any other problems, please contact us immediately.

***If you have any questions, please do not hesitate to call:  
516.992.6350***